

Going for the GOLD



Cub Family Camp

September 16-18, 2016

Parent/Leader Guide



BSA Mission Statement

The mission of the Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law.

Scout Oath

On my honor I will do my best
To do my duty to God and my country
And to obey the Scout Law;
To help other people at all times;
To keep myself physically strong,
mentally awake, and morally straight.

Scout Law

Trustworthy	Obedient
Loyal	Cheerful
Helpful	Thrifty
Friendly	Brave
Courteous	Clean
Kind	Reverent

Purposes of Cub Scouting

Character Development	Respectful Relationships
Spiritual Growth	Personal Achievement
Good Citizenship	Friendly Service
Sportsmanship and Fitness	Fun and Adventure
Family Understanding	Preparation for Boy Scouts

Cub Scout Motto

DO YOUR BEST

From the Program Director

Hello All,

Thank you for choosing to attend this year's fall family camp. We are excited to enjoy a fun filled weekend with you. Last years event was a blast. We are hoping for the same great results!

This guide is intended to assist all parents and leaders that are attending camp. It is important to read through the entire guide to be aware of our new venue for this year and our new theme.

This year we continue to offer the classic outdoor experiences our new theme: Citious (Faster) {Obstacle course}, Altius (Higher) {Climbing wall}, Fortius (stronger) {Weight lifting [With a block and Tackle]} as well as Olympic events such as Shooting {BB gun's}, Archery {Archery} Diving {for apples}, Sailing {Know your Knots} Badminton, Cycling, Football {Soccer}, Golf, Volleyball and, Water polo (make your own drink). New events include Olympic village {Woodworking gadget shop}, Bobsledding {on skateboards}, Michael Phelp's dump tank, We are constantly looking to update the activities we offer, and provide our kids a new and exciting experience. I look forward to seeing all of you Going for the GOLD at Zion Camp – LDS Ranch – Patterson, CA.

Come have fun!!!
Richard Kleitman
Program Director

What's happening at Cub Family Camp this year?

Program Theme:
Going for the GOLD



Camp Wide Events:

Opening Ceremonies

Following your Friday evening arrival, we will be showing Cool Runnings. All you need is your folding chair or a blanket to lie out on the grass. Popcorn and refreshments will be available, so sit back and enjoy the show.

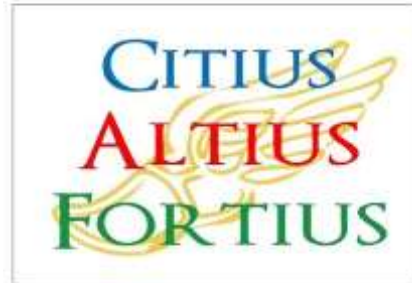
Let the Games Begin!

Every morning and evening we hold a camp wide flag ceremony. If your den would like to raise or lower the flag, sign up with the Program Director when you arrive at camp.

Closing Ceremonies

Finish out your weekend by watching the stage and seeing a performance. A great opportunity to let each boy's scouting spirit shine along with the entire camp.

Program Activities



Citius Obstacle course: Test your speed

Altius Climbing Tower: Reach the top. Climb our 35 ft climbing tower.

Fortius Weight lifting: Master the skills of the block and tackle and amaze your friends with your feats of strength

OLYMPIC EVENTS Shooting & Archery: Every Scout can imagine himself a sharpshooter when he visits our Shooting Ranges! Scouts will learn to safely shoot while practicing under the watchful eye of our friendly and well-trained staff.

Sailing: Know your knots to keep those lines fast
Badminton, Football, Volleyball, Cycling, Golf In this area you can run and get some energy out.

Michael Phelps Dump tank: Pass the scouting quiz and you get to splash a friend.

Earn a snack: at the Diving and Water Polo venues

Athletes Village: What camp would be complete without a place to buy snack's come visit.

Why should Cub Scouts go camping?

Because boys join Cub Scouting to go camping!

This statement is just as true today as it was for past generations of Scouts. Camp provides innumerable opportunities for boys to grow, explore, make memories, and have fun. Where else could your Scout Super Hero learn about nature, shoot, and make crafts in an environment totally dedicated to the ideals and ethics of Scouting?



Camp Guidelines & Special Notes

Attendees:

Registered Cub Scouts and their families are welcome. This means boys, Tiger Cubs (1st grade) thru Webelos II (5th grade), each adult in attendance should have NO MORE THAN ONE non-family youth that they are in charge of for the weekend with the ratio not to exceed 3 youth for each adult.

Check – in to the Athletes village:

Friday Evening: Check in begins at 4pm and ends at 9pm.

Saturday Morning: Check in is from 8-9am.

If for some reason you cannot make it to camp during the above scheduled times, please contact the Program Director to make arrangements.

Check-out:

Saturday Evening: For departures Saturday evening following closing campfire. For those leaving Saturday evening, you will be allowed to pull your vehicle to the lot after 5pm to begin loading. You will not be permitted to drive onto the camp grounds. Once closing campfire has finished, the road will open to allow for departures.

Sunday Morning: Road will open at 9am to allow for departures. You will not be permitted to drive into the Camp area until it has been confirmed that you have all your property packed and ready to load, please understand this is for the safety of the kids still at camp.

Medical:

There will be a medic at camp during program hours, but not necessarily overnight should the need for medical attention arise. It is recommended that each family bring a basic first aid kit with them to have available for minor cuts and scrapes. It is the responsibility of each parent to administer medications to their child and or themselves. Should you require medical equipment that is electronic and need to be near an outlet for medical reasons, please let the Program Director know PRIOR TO CAMP ARRIVAL so appropriate accommodations can be made.

Cleanliness:

Each campsite should be clean and kept tidy.

**SPECIAL NOTE: Zion Camp does not have garbage services. This means each campsite is responsible for taking out their garbage and disposing of it at an appropriate location. You packed it in you pack it out!

Possible Allergy Concern:

In 2014, walnut shells were placed at the camp to help reduce the dust level. Please advise your youth and parents that if they have nut allergies, they may need to come prepared. As of this time, it is NOT anticipated that a new layer of shells will be laid down for this year.

Wildlife:

Raccoons have been known to visit Camp on occasion. These nocturnal creatures enjoy finding special snacks left around by camp attendees. It is recommended that you bring containers to store your food in, hard plastic with sides that lock the container closed or even a bear box if you have one will help deter our natural guests.

Tents/Trailers:

Tents only will be allowed at family camp due to limited space. No trailers of any kind will be permitted to stay parked on the camp grounds. There are 4-person tents available for families who do not have a tent. These tents need to be reserved through the Council Office and are on a first-come-first-serve bases. Tent setup should be as low impact as possible. Please do not trench around tents. Superman no ice fortress's of solitude are allowed.

Buddy System:

Scouts are required to use the buddy system at all times. It is recommended that all boys be assigned a buddy for the weekend when they arrive at camp. A scout should never be alone in a campsite and parents should supervise their scouts at all times. Remember that the buddy system is an important part of camp safety.

Athletic Attire:

Closed-toe shoes are to be worn at all times at camp. Boys should be dressed in Class A (formal and complete) uniforms for flag ceremonies and for closing campfire. Otherwise Class B (casual pants/shorts paired with a scouting related shirt if you have one) is acceptable. Adults should wear comfortable, appropriate clothing.

Restrooms:

Sanitation "Porta-Potties" will be available on site. Twice as many as last year! It is important that everyone respects these facilities so they can be returned in good repair.

Water:

Each group please bring your own water for cooking and cleaning. Potable water will not be provided.

Camp Fires/Cooking:

Fires: Open fires are not permitted anywhere on the grounds except for the established pit in the assembly area. Bring camp stoves for cooking

Cooking is the responsibility of the family and or pack. Each family or pack needs to bring everything necessary to prepare, serve and enjoy meals. Propane stoves are allowed. It is suggested that you bring a pot or bucket to wash your dishes in.

Knives:

Youth members are not allowed to carry any knives in camp. Parents need to carry the Scout's knife and closely supervise any use. For youth and adults, folding knives with a blade length not exceeding four and one half inches (4 1/2 ") are appropriate for all legal practical uses including camping, hiking, meetings, demonstrations, competitive and service events.

Therefore, sheath knives (i.e. fixed blades of any length) including machetes, bayonets, swords, cleavers, death stars, stilettos, switch blades, etc., are not allowed for youth or adult. The only exception to the rule is the use of a chef's knife for the sole purpose of food preparation.

Lost & Found:

Any personal items that have lost their owner should be turned over to the camp Program Director. Anyone inquiring about an item that has been misplaced should check with the Program Director. Any items found after the close of camp will be stored at the Council Office for thirty (30) days following the last day of camp.

Not Allowed:

1. Music or other sounds should not be heard beyond a campsite. Campers should remain quiet between the hours of 9pm and 6:30am.
2. Campers may not cut any living or standing trees. Do not peel bark from trees.
3. Smoking at camp is prohibited except in the designated smoking area for 18+ individuals.
4. All campers must travel in the buddy system. No adult should ever be alone with a youth other than his or her son.
5. Alcoholic beverages, fireworks, portable generators and electric or liquid fuel heaters are forbidden.
6. Secure all valuables. The camp is not responsible for any lost or stolen property.
7. Any form of hazing is prohibited.
8. Campers may not bring pets to camp.
9. Campers must avoid maintenance areas, storage facilities, and construction sites.
10. There is to be no defacement (Graffiti or Vandalism) of buildings, picnic tables, tents, or any other structure in camp. Any such vandalism will be charged to the pack(s) involved.
11. The use or possession of alcoholic beverages, non-prescription drugs, or narcotics (including prescribed marijuana) is not a part of camp life. These substances are not allowed on camp property and violations provide grounds for immediate dismissal from camp. Further legal action may be taken. NO SECOND CHANCES.

WHAT TO BRING

(note: this list applies to *all participants*, unless otherwise noted)

CLOTHING:

- Uniform: Class A field uniform shirt, neckerchief, slide, cap (optional), blue or olive pants or shorts, belt (registered adults should be bringing their uniforms, as well)
- Pants and shorts
- T-shirts (Scouting-related, if possible)
- Nightwear
- Socks (2 to 3 pairs)
- Underwear
- Shoes
- Sweater, jacket or sweatshirt
- Hat or cap

PERSONAL TOILETRY ITEMS:

- Toothbrush, toothpaste (secured in a Ziploc bag with name marked on it)
- Comb and/or brush
- Facial tissue

PERSONAL ESSENTIALS:

- Water bottle, canteen or hydration unit
- Insect repellent (with DEET*)
- Sunglasses, sun block, lip balm
- Personal first aid kit
- Whistle
- Flashlight or headlamp with spare batteries
- Pocket knife (Scouts: only if earned and carrying Whittling Chip, see knife section for rules)

- Small day or fanny pack

PERSONAL GEAR:

- Tent
- Sleeping bag or blankets
- Sleeping pad or air mattress
- Pillow
- Suitcase or duffle bag
- Food preparation and consumption supplies
- Garbage bags
- Dish washing supplies (bucket/rags/soap)
- Container for water storage to keep at your site.
- Cub Scout book *marked w/name* (Scouts only)
- Pens or pencils and a notepad
- Required prescription medications and/or over-the-counter drugs in original containers (as needed)

OPTIONAL ITEMS:

- Fishing gear
- Inexpensive camera
- Bible and/or prayer book
- Watch
- Inexpensive binoculars
- Handkerchief
- Small amount of money for the trading post

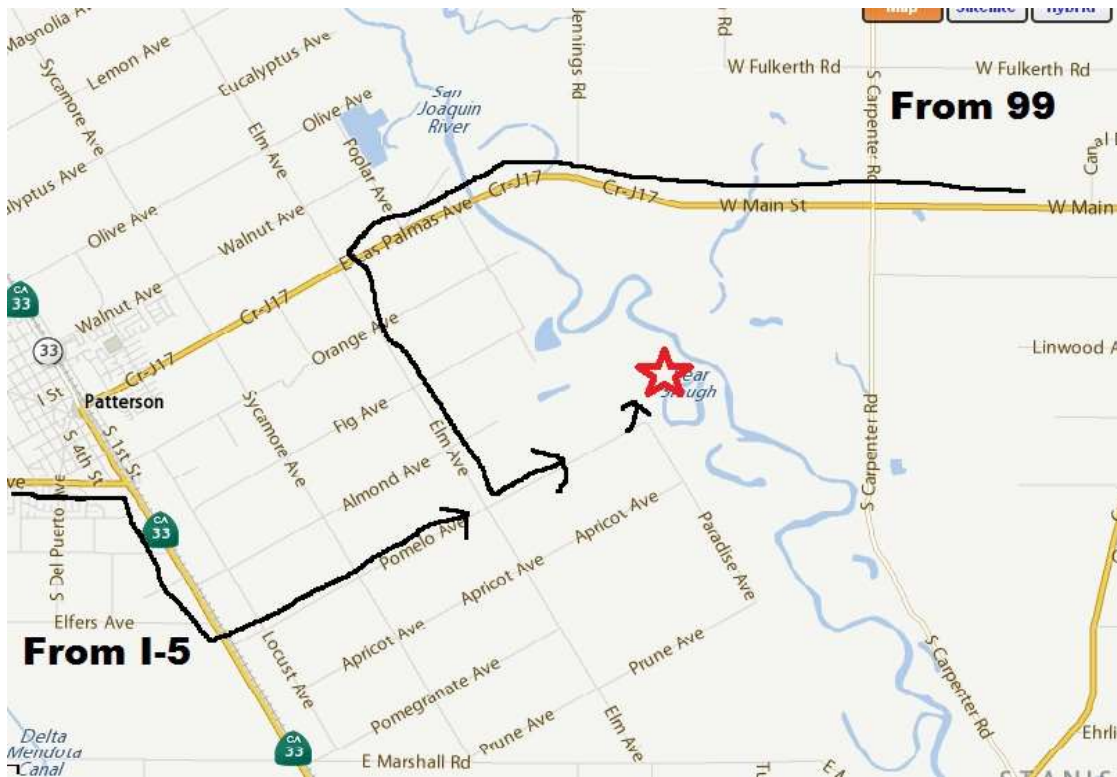
***Insect repellent containing DEET has proven to be the most effective. We recommend formulas containing at least 35% DEET. These formulas will give up to 8 hour protection. You should know however, that water or perspiration will wash DEET off of the skin. Be prepared to re-apply as needed by bringing an ample supply.**

Another product which is beneficial in preventing mosquito bites is permethrin. While not meant for application to the skin, it can be sprayed onto clothing and allowed to dry. This will prevent mosquito bites through the clothing

FRIDAY	October 16, 2015
4:00-9:00 PM	Registration & Camp Set Up
8:00 PM	Opening Ceremonies at the Campfire Ring
8:00 PM	During Movie Cracker Barrel
10:00 PM	Quiet Camp

SATURDAY	October 17, 2015
7:00-8:45 AM	Wake Up, Breakfast & Clean Up
8:00-9:30 AM	Saturday Morning Registration
	Torch Run
08:50 AM	Opening Flag Ceremony Let the Games Begin!
09:00 -10:00 AM	Service Project
10:00-12:00 PM	Morning Program
Shooting	Olympic Village
Archery Range	Scavenger hunt
Citius Obstacle Course	Olympic events
Altius Climbing Wall	Eating events
Fortius Weight lifting	Trading Post Open
12:00-2:00 PM	Lunch/Campsite Quiet Time
2:00-5:00 PM	Afternoon Program
Shooting	Olympic Village
Archery Range	Scavenger hunt
Citius Obstacle Course	Olympic events
Altius Climbing Wall	Eating events
Fortius Weight lifting	Trading Post Open
5:00 PM	Prepare for Closing Flags
5:30 PM	Closing Flags
5:45-7:30 PM	Dinner and Clean Up
7:30- 9:30 PM	Closing Ceremonies
	* Bon Fire <ul style="list-style-type: none"> • Cub entertainment • Extinguishing torch
10:00 PM	Quiet Camp

SUNDAY	October 18, 2015
7:00am-8:45 AM	Wake Up, Breakfast & Clean Up
08:45 AM	Scouts Vespers (Non-Denominational Service)
09:00 AM	Have a Safe Trip Home



Council Contact Information:
4031 Technology Dr., Modesto, CA 95356
209-545-6320

Registration: Barbara Evers - (ext. 104)

Family Camp Program Director: Richard Kleitman - 383-1861

Rio del Oro District Executive: Jenni Long - (ext. 112)

Sierra Valley District Executive: Steve Olson - (ext. 107)

Gold Country District Executive: Adan Barajas - (ext. 120)